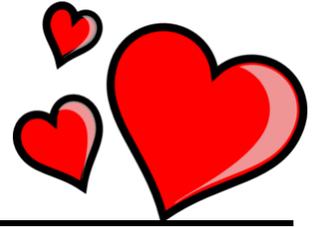




# Purdy Elementary School February 2016



Sun	Mon	Tue	Wed	Thu	Fri	Sat		
	1  Day 5	2  Day 6	3 Big Buddy Day  Day 7	4 Parent/Teacher Conferences  Day 8	5 Purdy Spirit Day Wear Red and Blue!  1st Grade Field Trip UWW- 9:00-11:30  Day 9	6		
7	8  Day 10	9 Parent/Teacher Conferences  Purdy Science Fair  Day 1	10  Day 2	11 Purdy Talent Show 6:30 PM MPR  Day 3	12 4th Grade Field Trip to Madison 9:15-2:30  Valentine Parties  Day 4	13		
14  	15  Day 5	16  Day 6	17 Big Buddy Day  Purdy PTO Meeting 6:30 PM-IMC  Day 7	18 Board of Education Meeting 6:30 Luther  Day 8	19 11:50 Dismissal  F.A. Regional Science Fair Set-up  Day 9	20 F.A. Regional Science Fair		
21	22  Day 10	23 School Visits to F.A. Regional Science Fair  Day 1	24  Day 2	25  Day 3	26 5th Grade Band Students Field Trip To Madison 8:45 AM-2:30 PM  Day 4	27		
28	29 5th Grade Parent Orientation Meeting at Middle School 6:30 PM  Day 5			<p style="text-align: center;"><b>Future Dates</b></p> <table border="0" style="width: 100%;"> <tr> <td style="vertical-align: top;"> <p>March 4 March 7  March 17 March 18 March 21-25</p> </td> <td style="vertical-align: top;"> <p>Purdy Pride Day PM Kind. Field Trip UWW Performance Board of Education Mtg. No School—Records Day/Prof. Dev. Spring Break</p> </td> </tr> </table>			<p>March 4 March 7  March 17 March 18 March 21-25</p>	<p>Purdy Pride Day PM Kind. Field Trip UWW Performance Board of Education Mtg. No School—Records Day/Prof. Dev. Spring Break</p>
<p>March 4 March 7  March 17 March 18 March 21-25</p>	<p>Purdy Pride Day PM Kind. Field Trip UWW Performance Board of Education Mtg. No School—Records Day/Prof. Dev. Spring Break</p>							



# PURDY PANTHERS

## PURDY ELEMENTARY SCHOOL NEWSLETTER



**February 2016**



### **From the Principal's Office**

#### **Dear Parents:**

We've come to the mid-way point of the school year and have much to celebrate! I am especially excited to note that our School Learning Objective (part of the new Educator Effectiveness System) has guided us in achieving tremendous growth in student academic success in reading and writing. We have been putting a pinpoint focus on tracking student progress in these areas to increase the percentage of our student population in the "advanced" and "proficient" levels in reading and writing. Teachers have worked hard to move students forward and their efforts are paying off! We now approach the second half of the year with an intensity and focus to continue our work of lifting student achievement.

#### **Highlights:**

- ◆ Teachers have been working on professional literacy development, strengthening their understanding of our new Units of Study Implementation. Upcoming themes for Quarter 3 are:
  - Kindergarten—Change Over Time
  - First Grade—Development
  - Second Grade—Survival
  - Third Grade—Sustainability
  - Fourth Grade—Adaptability
  - Fifth Grade—Investigation
- ◆ Quarter 2 grades are in and conferences are coming soon. It will be a great time to celebrate your child's work as well as build goals for semester 2.
- ◆ Purdy School Board Spotlight was done on January 28th. We shared a focus on our English Language Learners (ELL) program and celebrated the grants Purdy received to use for extension field trips for our ELL students.

#### **Coming Up:**

- ◆ Purdy School Interpretive Reading competition is upon us. Teachers determine their own grade level competitions and then grade level winners advance to the building level competition on Tuesday, Feb. 23rd starting at 8:20 AM.

- ◆ PBIS quarter 2 all-school celebration for great behavior choices: "Buddy Play and PJ Day". On February 5th students and staff will partner up with another class and enjoy a rotation of play activities (board games, movement games, partner computer and puzzle play). We're excited to celebrate students' great work in behaviors!
- ◆ Mark your calendar for April 8th for our first ever Purdy Palooza. We pride ourselves in creative fundraising that doesn't require students to sell things to families and friends. Instead, we try to provide family fun opportunities that help us raise necessary funds for programming. At the Purdy Palooza, students will participate in a variety of fun and healthy movement stations. This will be a whole school celebration done in the afternoon of the 8th so that all students can participate. We will be asking families to sponsor their child as a way to help us raise PTO funds. We will also have a competition between grade levels to see who can raise the most funds. We are excited about this new opportunity! If you would like to volunteer that afternoon and/or have a business that would like to sponsor this event, please contact Purdy Palooza chairs: Jolyn Baldry at [jolynbaldry@yahoo.com](mailto:jolynbaldry@yahoo.com) or Heather Hartwick at [hhartwig0616@gmail.com](mailto:hhartwig0616@gmail.com).
- ◆ February is Science Fair month and we look forward to our Purdy Open House Science Fair during conferences. Don't forget to also get your child registered for the Regional Science Fair by February 1st!
- ◆ As you may know our School Board has two open seats for the upcoming school year. Candidates for election are Cynthia Harrington Ficenec, Sue Hall, Jedidiah J. Draeger and Mark Chaney. These candidates will be speaking at future Board Meetings. Please take time to learn about these candidates and remember to vote on April 5th!

Looking forward to some winter relief!

Leigh Ann Scheuerell , Principal  
Purdy Elementary School



**DEADLINES APPROACH FOR FAMILIES LIVING OUTSIDE THE PURDY OR DISTRICT ATTENDANCE AREAS**

**OPEN ENROLLMENT APPLICATION WINDOW:** The Open Enrollment Program is for families wishing to have their children attend a different school district than the one they reside in. This year, the application window is from Monday, February 1, 2016 through Friday, April 29, 2016 at 4:00 p.m. Parents can find information and an application online at <https://apps4.dpi.wi.gov/Opal2012> or the District's website at [www.fortschools.org](http://www.fortschools.org). Parents are encouraged to contact the Superintendent's Office at 920-563-7807 or email Debbie Kopps at [kopps@fortschools.org](mailto:kopps@fortschools.org) with any questions.

Living outside the Purdy attendance area example; Rockwell, Luther, Barrie? If you have not filled out a form or been approved for such a transfer in the past, the deadline for applying is March 15, 2015. Forms are available in the Purdy Office.



**ATTEND THE FORT ATKINSON SCIENCE FAIR AT THE HOARD MUSEUM OR PURDY ELEMENTARY**

This year many Purdy students including fourth and fifth graders are doing a science fair project and all are encouraged to enter the Fort Atkinson Science Fair at the Hoard Museum. All parents and students are invited to attend the Fort Atkinson Science Fair on Saturday, February 20, 2016. It's an excellent opportunity to see our students' talent and get ideas for next year's Fair.

Prior to the Fort Atkinson Science Fair Purdy will hold its own fair. Displays will be set up at school in the main hallway and in the IMC for viewing during conferences. Parents are invited to the Purdy School Science Fair Open House at 3:00 to 7:00 PM on Tuesday, February 9th. Come and take a look at all the students' hard work. Teachers grade the projects based on classroom criteria and the District Science Curriculum. All entries will receive a participation ribbon.

Note: Purdy classroom projects meet all the requirements in the Fort Atkinson Science fair.

**SCIENCE FAIR DISPLAY BOARDS AVAILABLE**

Purdy School still has a good supply of 32" x 48" Science Fair display boards available.



These are tri-fold, white on one side and corrugated on the other side. Purchase from the office for **\$3.00**.

**2016—2017 KINDERGARTEN ORIENTATION**



Purdy's kindergarten welcome orientation date has been set for **May 13, 2016** in order to better accommodate current 4K students' schedule (no 4K on Fridays). The orientation will feature four shortened sessions, an introduction to staff and tours of the classrooms. Please make a note of this date.



## **BOX TOP COMPETITION**

WOW! We had a great Box Top Competition this month! Our total count was 5,549 Box Tops, which is \$554.90 to Purdy! The winners are listed as follows:

1st Place: Mrs. Johnson—576 Box Tops  
2nd Place: Ms. Stevens—448 Box Tops  
3rd Place Mr. Twedt—442 Box Tops

Keep clipping! The next contest will be April 11-21. Please be sure to check expiration dates and neatly clip all box tops.

Thank you for supporting the Box Top program!



## **PLAN AHEAD FOR EARLY DISMISSALS & RECORDS DAY/PROFESSIONAL DEV.**

There are two early dismissal days left this school year. They are:

February 19, 2016  
May 6, 2016

March 18, 2016 (All Day) Records Day/  
Prof. Dev. Day

On February 19, and May 6 teachers will be collaborating with other staff on effective teaching methods.

Students are dismissed at 11:50 PM on these days. Notes for early dismissal bag lunches will be arriving soon. Thanks for your cooperation.



## **5TH GRADE BAND PARENTS**

**WHAT:** The POPS Concert  
**WHEN:** Sunday, February 21st  
**TIME:** Pre-Concert 1:15 PM  
Concert: 2:00 PM  
**WHERE:** High School Auditorium  
**WHO:** ALL BAND Students in  
Grades **5 & 6**

Pre-concert Activities including Small Group Ensemble Performances, Refreshments & Basket Raffle (HS Commons Area).

This is your child's first "official" concert, so bring yourself, grandparents, aunts/uncles, your cameras and be prepared to hear some great music! :) See you all there!!

This concert is our only "fundraiser" concert; there is a small admission fee of \$3.00 per person to attend. We also have a basket raffle and desserts for sale! This fundraiser provides valuable funds to our band programs.

(All remaining concerts are free to attend).

There will be several **EXTRA** rehearsals for all students in preparation of this concert. Students will **NEED** their instruments on the following days:

Friday, February 12  
Thursday, February 19



## **GET CONNECTED!!**

Purdy PTO is now on Facebook. "Like" our page to be kept up to date on all of the exciting opportunities happening at our school. Look for us under Purdy Elementary School and Purdy Elementary PTO.



**EARLY ENTRANCE TO  
KINDERGARTEN  
SCREENING**

To be considered for early entrance, your child must reside within the School District of Fort Atkinson boundaries, be intellectually and academically advanced, and not turn five years old by September 1st of that year. School Board Policy requires parents to submit a written request for early entrance consideration **on or before March 1st**. Reasons for the request and descriptions of advanced intellectual and academic abilities should be included in the letter. The request for early entrance consideration should be mailed to Dr. Jeff Zaspel, Superintendent of the Schools, at the following address:

School District of Fort Atkinson  
Attn: Dr. Jeff Zaspel  
201 Park Street  
Fort Atkinson, WI 53538

If you have questions or concerns regarding early entrance to Kindergarten, please contact Mary Burke, Director of Pupil Services, at (920) 563-7804.

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**GATE PARENT GROUP  
(Gifted and Talent Education)**

Are you interested in learning more about GATE and the programs GATE supports? Please join us for our next GATE Parent Group meeting on Wednesday, February 10, at 6:00 PM in the Fort Atkinson High School IMC. All parents of students in the Fort Atkinson School District are welcome to attend. Please e-mail any questions to [Fort.GATE.parents@gmail.com](mailto:Fort.GATE.parents@gmail.com).

We look forward to seeing you!



**THE WILDERMUTH  
AWARD FOR  
EXCELLENCE IN  
EDUCATION**

The WILDERMUTH AWARD FOR EXCELLENCE IN EDUCATION was created to reward an educator in the School District of Fort Atkinson for exemplary work in the area of education. The recipient of the award may be a teacher, media specialist, guidance counselor, school social worker, school psychologist, or other certified staff member.

The Wildermuth Family, The School District of Fort Atkinson, and the Fort Atkinson Education Association sponsor this award that is given in memory of Ron Wildermuth, former Director of Instruction. This annual award is presented each fall at the teacher orientation program. Ron's family requested this particular occasion because Ron was very involved with the orientation program every year.

Teachers, administrators, community members, parents, and students can make nominations which will be accepted through April 8, 2016. If you wish to nominate an educator for this award, please return your nomination paper to Rob Abbott at Fort Atkinson Middle School by the April 8th deadline. Nomination forms are available in each school office and on the SDFA website.

Also see attached form.



## **SPRING BOOK FAIR**

**April 18-20, 2016**

Our next fair will be held April 18-20, in conjunction with the Spring Arts Fair. This is the first time we will have a BOGO Fair (buy one, get one) and should be a lot of fun. Say tuned for fliers, posters and more details about the times for the event.

We hope everyone enjoyed their books from the Fall Fair!

Jill Draeger & Bethany Hesselbacher  
Co-Chairpersons



## **"RECYCLE THOSE T-SHIRTS"**

Our kids do keep growing bigger and pretty soon that nice t-shirt doesn't fit! If you have a Purdy Panther shirt or perhaps a PBIS "Ready to Learn" shirt which is too small for a family member, why not recycle it by donating it back to Purdy? Purdy will in turn give it to students who don't have a spirit wear shirt.

Interested? Just send any school related clothing in good, clean condition to school and the office will pass it along to another student.



## **EMPLOYEE RECOGNITION**

Each year the School District of Fort Atkinson recognizes employees who have worked in the District for 10, 15, 20, 25, 30 and 35 years. Congratulations and thanks to the following staff who have dedicated 10, 15, 20, 25, 30 and 35 years to our quality education.

### **10 Years**

Katie Stahl

### **15 Years**

Pamela Gustin

Debra Kirkeby

Patsy Seisser

Joshua Twedt

Leslie Weaver

### **20 Years**

Andrea Kratz

Jennifer Soehner

### **35 Years**

Karen Hetts



## **DO YOU SHOP AT TARGET?**

If you do, there's an easy way to help raise money for our school and it doesn't involve door-to-door selling, raffles or bake sales! If you have a Target Guest Card, Target will donate 1% of your Target store and target.com purchases made on the Target Guest Card to our school through their School Fundraising program.

It's easy to participate. Just call the Target School Fundraising hotline at 1-800-316-6142 and give them your Target Guest Card account number and school name. Let your friends and family know. Anyone in the country who shops at Target can designate our school.

If you don't have a Target Guest Card but would like to participate, you can pick up an application at the check out lanes at any Target store, or apply online at [www.target.com](http://www.target.com).



## **THANK YOU VOLUNTEERS**

We still have a ways to go before we officially recognize our volunteers in April, but I would like to say thanks at the halfway point in the school year. Volunteers provide so many positive additions to our school; above what is offered by our staff many of who volunteer extra hours too. Below is a list of ways volunteer efforts are featured just in this Parent Newsletter:

- ✓ Volunteer Tutoring in Classrooms
- ✓ Book Fair
- ✓ Band Boosters
- ✓ Collecting & Organizing Box Tops, Labels and Cap Drives
- ✓ Fifth Grade Breakfast
- ✓ PTO Flower Sale
- ✓ Scrip Orders
- ✓ Target Credit Card Donors
- ✓ Mini-Grant Sponsors
- ✓ Room Parents for Parties
- ✓ Autism Spectrum Family Network
- ✓ Supporting PTO Funding to Provide Money for Extra Play Equipment and Supplies

Wow! That's a lot! You Make a Difference for our boys and girls.

Appreciatively,

Leigh Ann Scheuerell  
Principal



## **NO KINDERGARTEN CLASS ON FRIDAY, MAY 13TH**

There will not be classes for 2015-2016 Kindergarten students due to Kindergarten Orientation for 2016 – 2017.



## **HOT LUNCH REMINDER**

Thanks for remembering to replace your child's hot lunch money before it runs out. Remind your child(ren) that the designated time to turn in their lunch money is at 8:05 to their homeroom teacher. Below is a list of ways to help you remember that your child needs to deposit money.

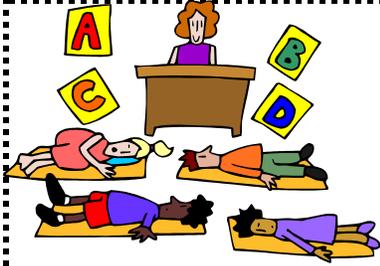
- ✓ Mark it on your calendar at home. Visual reminders are a great help.
- ✓ Deposit \$51.00 at the beginning of the month. This lasts for 20 days – which should cover most of the month.
- ✓ Place money in an envelope with his/her name, grade and homeroom teacher.
- ✓ Mark it on the calendar at work.
- ✓ If your child eats occasionally, hang the hot lunch menu on the fridge and mark off ten days. Make a note on the menu when your child will need to add money to his/her account.
- ✓ Check your child's backpack, younger students should bring home a lunch account notice.

School Board Policy directs that a child may not charge more than two lunches (\$5.00).



## **KEEP SAVING**

Please keep on saving General Mills box tops. The next competition is April 11–21.



## **2016-2017 4K REGISTRATION**

Registration for the School District of Fort Atkinson 4 Year Old Kindergarten (**4K**) opened on Tuesday, January 4th, 2016. Children that will be 4 years old before September 1, 2016 are eligible for 4K.

The 4K Registration Forms are available in all of the Elementary School Offices, the Dwight Foster Public Library, and all of the 4K sites; Kids Konnection, Fort Atkinson Preschool and Day Care, Parents Cooperative Preschool, St. Joseph's Catholic School, Head Start at Purdy and Hebron Locations. The registration form can also be downloaded at [www.fortschools.org/4k](http://www.fortschools.org/4k).

Forms should be completely filled out and returned to:  
Barrie Elementary School  
Attn: 4K  
1000 Harriette Street  
Fort Atkinson, WI 53538

**The Deadline to return 4K Registration Form is Friday, March 4, 2016.**

The next step in the enrollment process will be the Fort 4K Registration Day. This will take place **Wednesday, April 6th from 10:30 am - 6:00 pm at Luther Elementary School located at 205 Park Street.** There will be a \$15.00 registration fee, cash, or check made payable to **School District of Fort Atkinson.** No appointment is needed, but it is important that you attend. The process should take no longer than 15 minutes.

Please direct any questions to 4K Secretary, Carol Klein at 920-563-7817 or email to: [kleinc@fortschools.org](mailto:kleinc@fortschools.org).

## **DWIGHT FOSTER PUBLIC LIBRARY**

The Dwight Foster Public Library is offering fun programs for students and families.

- ✓ Baby Time
- ✓ Toddler Time
- ✓ Preschool Story Time
- ✓ Maker Kids
- ✓ Yoga for Kids
- ✓ Play Chess!
- ✓ Lego Club
- ✓ Spring Break Scavenger Hunt
- ✓ Club Pokemon
- ✓ READ Dogs

Information sheets are available in the Purdy IMC.

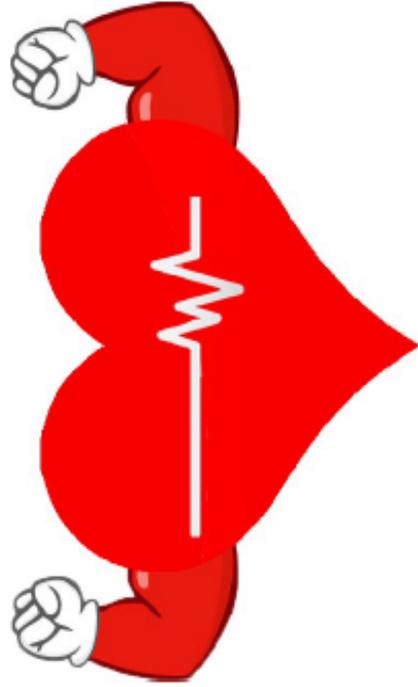


# SAYBATE

**FORT HEALTHY**



Providing and promoting healthy choices for our community



**FREE!**

**Get Pumped!**

2<sup>nd</sup> Annual Health & Wellness Expo

Saturday, February 6, 2016  
10am - 2pm  
Fort Atkinson High School

Join us for Food, Fun, & Education from local businesses!

PTO Meeting  
Wednesday, January 20, 2016

Present at Meeting: Leigh Ann Scheuerell, Maggie Messler, Katie McIntyre, Pam Gustin, Heather Fjelstead-Bunce, Jackie Flack, Beth Hesselbacher, Jolyn Baldry

Additions/Corrections to November Minutes: None

Treasurer's Report: Checking Balance \$949.61, Savings \$3,704.75

**OLD BUSINESS**

- School Board Meeting Update- A calendar survey is available for families to give input. Elections for school board members are coming up for 2 open seats on April 5th. Thursday, January 28th Purdy's ELL field trip program will be spotlighted as well as our Progress Monitoring Wall.
- Breakfast with Santa/Concerts/Raffle/Scoopie Night/It's a Wonderful Life Movie Event- Attendance was down about 29 people for Breakfast with Santa, but everyone who attended had a great time. UW-Whitewater students and FAHS Honor Society students were a huge help volunteering for the event along with 17 Purdy parents. Rachel Broadhead would LOVE to have a volunteer to take charge of decorating the stage for next year. The raffle went well, and Scoopie Night was well attended.
- Spiritwear Update- Jessica Mirek is looking at the option of having a spring sale. There were some mixups with the November order, but she got them all straightened out.

**NEW BUSINESS**

- Financial Policy-PTO is working to put in safeguards for proper handling of PTO money. PTO will present a proposed policy for the management of PTO funds for consideration at the next meeting.
- Purdy Power Dollars- Another flyer will be going home soon. This is the easiest way to donate money to Purdy with NO out of pocket expense.
- Book Fair- Spring book fair will be April 19th during the Art Show. It will be a buy one/get one free sale. We are looking for a new book fair chairperson to take over for next fall. This spring would be a great time to be trained by Jill Draeger and Beth Hesselbacher. If you would be interested in this position, please let Mrs. Scheuerell or Maggie Messler know.
- Teacher Appreciation Supper/Conferences- February 9th PTO will be providing dinner for teachers during conferences. Jackie Flack is organizing this and will get out donation information.
- Talent Show-Auditions will be held next week and the talent show is 6:30 Thursday, February 11th. There will be a \$2 admission charge and money raised will go to the Purdy Dream Scholarship.
- Sal's Fundraiser- We will be having another fundraiser here (no set date yet). We encourage families to also use the Sal's Purdy Power Dollars at this event also.
- Artist in Residence- The committee is beginning to plan this event. More information will be coming.
- Spring Family Event-Possibility of a bowling night, could use scrip cards for this event. Considering early May (May 13th?) Maggie to look into calling about setting up a date.
- Purdypalooza- Jolyn Baldry and Heather Hartwig are organizing this new event. It will be held Friday, April 8th. The goal will be a minimum of \$10 in pledges per student. Profits will be used to help purchase playground equipment and help pay for field trips. We are trying to do this fun activity instead of a door to door fundraising sale. We are looking for 30 parent volunteers to help with the event. There will be many fun activity stations for students, as well as the run. We are looking for some community sponsors for donations of prizes/snacks.

**Next Meeting: Wednesday, February 17, 6:30 pm**

# What is the *easiest* way to earn money for Purdy Elementary?



## Purdy Power Dollars (our Scrip program)!

### *What Is Scrip?*

Scrip is a term that means "substitute money". When you purchase scrip, you're purchasing negotiable gift certificates and prepaid cards that are used just like cash. You can use scrip to purchase everyday expenses like food, clothing, and other essentials, and with every purchase, you earn revenue for our organization.

### *How scrip generates revenue for you*

The Great Lakes Scrip Center acts on behalf of churches, schools and other non-profit organizations to purchase large amounts of scrip from grocery stores, department stores, and other retailers. Because the scrip is purchased with cash up front, the participating retailers offer a substantial discount. Our organization buys the scrip from Great Lakes Scrip Center at a discount, and re-sells the certificates to families like yours for full face value. The discount - from two to fifteen percent or more - is our organization's revenue.

### *Scrip is "shopping cart fundraising"*

Scrip is a popular fundraiser because families don't have to sell anything. Organization members produce revenue by making regular household purchases they would make anyway. Groceries, clothing, toys, gifts, even gasoline can be purchased with scrip.

### *Ordering Gift Cards*

You can use an order form send home with your child or available at the office and return it to school with payment, or you can order online.

To order online as simple as 1 - 2- 3 [www.shopwithscrip.com](http://www.shopwithscrip.com)

1. Set up online account using enrollment code: **E1A9L2732869L**
2. Shop Retailers - can search by category or retailer name then add to cart with denomination of choice
3. Select Payment - By check: payable to Purdy Elementary and deliver to the school office or your child's classroom. OR By card: sign up for PrestoPay + will electronically debit your card. Please note a \$015 service fee added to your order.

*For questions or additional information contact:*

*Justin Luebke, SCRIP Coordinator*

*(920) 723-4013*

Purdy Power Dollars

Parent/Guardian Name \_\_\_\_\_ Childs Name \_\_\_\_\_ Phone Number \_\_\_\_\_ Teacher \_\_\_\_\_

Delivery options (please check one)  pick up in office  send home w/ my child Email address \_\_\_\_\_

Please make checks payable to Purdy PTO (Return order form by Tues, 2/9/2016) Purdy PTO is not responsible for lost cards. ?s call Justin 920-723-4013

Retailer	Card Value	% Profit	Card Qty	Total	Retailer	Card Value	% Profit	Card Qty	Total	
					<b>Dining - On the Go</b>					
Pick N Save	\$25	5%			Burger King	\$10	4%			
Pick N Save	\$100	5%			Domino's Pizza	\$5	5%			
					<b>Culvers</b>	\$10	10%			
					KFC	\$5	8%			
<b>Gas / Auto</b>					Subway	\$10	3%			
BP Amoco	\$50	1.5%			Pizza Hut	\$10	8%			
Kwik Trip	\$25/\$50	4%			<b>Papa Murphys</b>	\$5	20%			
Kwik Trip	\$100	4%			Domino's Pizza	\$10	8%			
Shell	\$25	2.5%			<b>Brick House</b>	\$20	10%			
Shell	\$100	2.5%			Arby's	\$10	8%			
Mobil	\$50	1.5%			<b>Dining - Casual</b>					
<b>Discount Store</b>					Chuck E Cheese	\$10	8%			
WalMart/Sams Club	\$25	2%			<b>Salamone's Pizza</b>	\$20	10%			
	\$100				<b>Texas Roadhouse</b>	\$25	8%			
					Noodles & Company	\$10	8%			
Shopko	\$25	3%			Applebees	\$25	10%			
Target	\$25	4%			Red Robin	\$25	11%			
Walgreens	\$25	2%			Olive Garden	\$25	9%			
<b>Department Store</b>					<b>Home Decor</b>					
Kohls	\$25	4%			Bed, Bath Beyond	\$25	7%			
Sears	\$25	6%			Pottery Barn	\$25	8%			
JC Penney's	\$25	6%			Pier 1 Imports	\$25	9%			
	\$100				<b>Home Improvements</b>					
Boston Store	\$25	8%			Ace Hardware	\$25	4%			
	\$100				Menards	\$25	3%			
<b>Farm &amp; Fleet</b>	<b>\$50-100</b>	<b>5%</b>			Home Depot	\$25	6%			
<b>Electronics</b>					<b>Pro-Build</b>		<b>5%</b>			
Best Buy	\$25	2%			<b>Specialty Retailer</b>					
Radio Shack	\$25	4%			Nike	\$25	12%			
<b>Apparel</b>					Michaels	\$25	4%			
<b>Under Armour</b>	\$25	11%			Theaters of Whitewater	\$10	5%			
Old Navy	\$25	9%			Bath & Body Works	\$10	13%			
Gap	\$25	9%				\$25	13%			
The Children's Place	\$25	12%			Hallmark	\$25	5%			
Lands End	\$25	17%			Toys R Us	\$20	1.5%			
Gymboree	\$25	13%			I Tunes	\$15	7%			
Buckle	\$25	8%			Amazon.com	\$25	4%			
<b>Sporting Goods</b>					Build A Bear	\$25	10%			
Bass Pro Shops	\$25	11%			Star bucks	\$10	9%			
Cabela's	\$25	11%			Buffalo Wild Wings	\$10	10%			
Dick's Sporting Goods	\$25	8%			Rock River lanes	<b>\$25</b>	<b>20%</b>			
Gander Mountain	\$25	8%			Rock River Lanes	\$5	4 freegames 4buy 1get 1 2free sodas			
Column 1 Total					Column 2 Total					
<a href="http://www.shopwithscrip.com">www.shopwithscrip.com</a> enrollment code (E1A9L2732869L)					<b>Total # of Cards:</b>			<b>Total \$:</b>		



## Mini-Grants

During February, Library-Media Specialists will present information about Mini-Grants to students in 3<sup>rd</sup> – 5<sup>th</sup> grades.

### **What are Mini-Grants?**

Mini-Grants, up to \$50, are funded by community organizations (Blackhawk Chapter of Vietnam Veterans, Daily Jefferson Union/Hoard Co., Optimist Club, Garden Club of Fort Atkinson). These grants allow students to have an impact in their school or community. Students first look around their school or community to find a need they think they can help meet. Next, students design a detailed plan to address that need. Grant monies may be used as seed money to raise additional funds for a cause or a project. Grant monies may also be used to purchase supplies for an improvement project or to cover costs to perform a service towards meeting that need. Students selected to receive grants are then able to make their plan a reality.

### **Who should apply?**

Any student in grades 3 – 12 may apply for mini-grants up to \$50.00. Individual students or groups of students may apply. Applications may be picked up in the school office after the Library Media Specialist's presentation. Applications are due March 3rd.

### **Why should students consider applying for a Mini-Grant?**

Mini-Grants are designed to increase awareness, encourage creative thinking, and provide an opportunity to demonstrate task commitment by developing a self-selected project that benefits the school or community. Students practice creative thinking and leadership skills when working on Mini-Grant projects. Mini-Grants provide the resources that enable students to give back to their schools or community.

### **Who oversees the projects?**

Although Mini-Grants are coordinated by the Fort Atkinson School District's GATE program and directed by the Elementary Library-Media Specialist, each student or group of students who receives a grant needs a mentor. Parents, supervisors, specialists, teachers, or older students may be mentors as long as they are willing to provide consultation and support to the grant recipients.

### **How are the projects chosen?**

Project selection is based on originality of thought, development of the project idea, understanding of school or community need, evidence of commitment by student(s), and budget completeness. Students will be notified before spring break if their project has been selected to receive a grant.

If you have questions, please contact your school's Library-Media Specialist. Applications for Mini-Grants are due to the school library by **March 3rd..**

## **STUDENT NUTRITION NEWS**



**STUDENT NUTRITION NEWS** – Many parents have questions about the new school lunches and what it means for their students. Here are some answers to those questions.

### **Are school meals nutritious?**

School meals are healthy meals that are required to meet science-based, federal nutrition standards limiting unhealthy fat and portion size and requiring that schools offer the right balance of fruits, vegetables, milk, grains and protein with every meal.

On July 1, 2012, new federal nutrition standards for school meals went into effect. Under these standards:

- No more than 10 percent of calories can come from saturated fat and schools must eliminate added trans-fat.
- School meals must meet age-appropriate calorie minimums and maximums.
- Schools must gradually reduce sodium levels in school meals.
- Cafeterias must offer larger servings of vegetables and fruit with every school lunch, and children must take at least one serving.
- Schools must offer a wide variety of vegetables, including at least a weekly serving of legumes, dark green and red or orange vegetables.
- Milk must be fat-free or 1% (flavored milk must be fat-free).
- Within two years, all grains offered must be whole-grain rich.

### **Are school meals safe?**

School nutrition professionals care for the children they serve, and through strict food safety procedures and staff training, school nutrition professionals maintain a superior safety record while providing nutritious meals to millions of children each day. Some of the steps schools take to ensure their meals are safe include:

- Taking at least two internal temperatures from each batch of food being cooked
- Maintaining records of cooking, cooling, and reheating temperatures in the food preparation process – the basis for periodic reviews of the overall food safety program
- Prechilling all salad ingredients to help maintain cold food temperatures
- Preheating transfer carts before food is transported

### **Why should I encourage my children to eat school meals?**

Providing students their choice of milk, fruits and vegetables, whole grains and lean proteins, school meals are a great value and a huge convenience for busy parents. School cafeterias offer students a variety of healthy choices and help children learn how to assemble a well-balanced meal. Parents can rest assured that there's no super-sizing in school cafeterias because federal regulations require schools to serve age-appropriate portions.

### **Don't school meals contain processed foods?**

What have become known as "processed foods" are increasingly being prepared with healthier ingredients, as well as less fat, sodium and sugar.

- Pizzas are increasingly made with whole grain crusts, low-sodium sauce and reduced fat cheese.
- Chicken nuggets regularly use whole grain breading and are baked rather than fried.
- French fries are often without trans fat and baked instead of fried – and many schools are now serving baked sweet potato fries.

If you have more questions, please call the Student Nutrition Department at 920-563-7811 x1161 and speak with the Director, Barb Waara.



## Wildermuth Award for Excellence in Education

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The Wildermuth Award for Excellence in Education was created to reward an educator in the School District of Fort Atkinson for exemplary work in the area of education. The recipient of the award may be a teacher, media specialist, guidance counselor, school social worker, school psychologist, or other certified staff member.

The Wildermuth Family, The School District of Fort Atkinson, and the Fort Atkinson Education Association sponsor this award that is given in memory of Ron Wildermuth, former Director of Instruction. This annual award is presented each fall at the teacher orientation program. Ron's family requested this particular occasion because Ron was very involved with the orientation program every year.

Teachers, administrators, community members, parents, and students can make nominations which will be accepted through April 8, 2016. If you wish to nominate an educator for these awards, please return your nomination paper to Rob Abbott at Fort Atkinson Middle School by the April 8<sup>th</sup> deadline. Nominations forms are available in each school office and on the SDFa website ([www.fortschools.org](http://www.fortschools.org)).

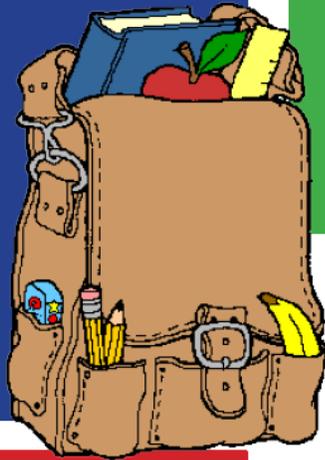
According to the guidelines that have been established, the committee will consist of the following members, with each serving a three year term.

- Six Teachers, one representing each building
- One Administrator
- Community Member
- Previous year's Award Recipient

If you wish further information about the Wildermuth Award, please contact Rob Abbott, Wildermuth Committee Chair at Fort Atkinson Middle School, 920-563-7833 or [abbottr@fortschools.org](mailto:abbottr@fortschools.org). Wildermuth Award guidelines are available in each of the public school buildings for your review.



FEB 2015



# BACKPACK News

## Take Care of Your Ticker! [Heart.org/Getting Healthy](http://Heart.org/GettingHealthy)

The New Year is in full swing! January was establishing the resolution to get healthier; February reminds why it's important to stay healthy for the rest of the year. Read the Q and As for tips on making heart health a priority in your and your family's life!

### February is...

**American Heart Month**  
[Heart.org](http://Heart.org)

**National Cancer Prevention Month**  
[Cancer.org](http://Cancer.org)

**Railyard Sundays**  
802 W Water St  
Cambridge, WI  
Feb 1,8,15,22 3-5p  
[FortHealthCare.com/Railyard](http://FortHealthCare.com/Railyard)

**National Wear Red Day**  
Feb 6

**Happy Valentine's Day!**  
Feb 14

**Family & Friends CPR**  
Feb 14  
[FortHealthCare.com/Classes](http://FortHealthCare.com/Classes)

**On My Own at Home**  
Feb 21  
[FortHealthCare.com/Classes](http://FortHealthCare.com/Classes)

### What's the big deal?

Our hearts need to be protected! No matter what age, gender, or race, the choices we make everyday determine the health of our heart. Heart disease accounts for over 600,000 deaths per year in the U.S. and half of Americans have at least one major heart disease risk factor, that includes high blood pressure, high cholesterol, and smoking.

### How do I know if my heart is healthy?

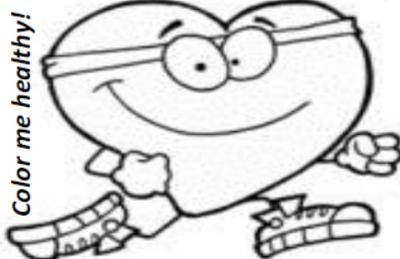
You are smoke and tobacco-free.  
You are active often.  
You eat a healthfully.  
You aim for a healthy weight.  
You keep track of blood pressure, cholesterol, and blood sugar levels.

Unhealthy diet, smoking, prolonged sitting – It may taste, feel, look, seem good on the outside, but take a second to think about what it's doing on the inside!

Kids need at least one hour of physical activity each day!

### How else can I protect my heart?

Be smoke and tobacco-free.  
Get your heart rate up every day with activities you enjoy!  
Eat healthful foods and practice moderation.  
Try heart-healthy recipes – roasted cauliflower, yum!  
Stay calm – avoid stressful situations and have a good attitude.  
Be a role model! Show others how you live healthy!  
See your doctor and stay on top of medications, if needed.  
Seek support – get your friends and family involved!  
Change up your routine – replace the couch with your tennis shoes after school/work.  
Change up your environment – advocate for less sugary treats at home/school/work.  
Be creative – how can your family incorporate more health throughout the day?



Color me healthy!

### Five Ways Play Can Change Your Day

1. Sleep – Play will improve your sleep.
2. Mood – More energy and better attitude.
3. Fuel for your brain – A little physical activity will prep you to concentrate better on your homework.
4. Friends – Bond with old ones and meet new ones.
5. Stretch it out – Stretching can relieve stress, improve balance, and enhance coordination.

### Try a Heart-Healthy Recipe – [Heart.org/HealthyRecipes](http://Heart.org/HealthyRecipes)

1 ½ cups cauliflower florets (6 oz) | 2 tsp. grated, reduced fat Parmesan cheese | 1 tsp. chopped, fresh parsley leaves | ¼ tsp. garlic powder | ¼ tsp. ground black pepper | 1 tsp. extra virgin olive oil

Preheat oven to 425°F. In a medium bowl, combine cauliflower, cheese, parsley, garlic powder, and pepper. Season with salt. Toss to mix. Drizzle on the oil and toss again. Transfer the mixture to a small nonstick baking dish. Bake for 15 to 17 minutes, tossing once, or until lightly browned and crisp-tender. Serve and enjoy.

Nutritional Analysis	Per serving
Calories Per Serving	104
Total Fat	6 g
Saturated Fat	<1 g
Cholesterol	5 mg
Sodium	121 mg
Carbohydrates	11 g
Fiber	4 g
Protein	4 g

Febrero 2016



# Noticias para la **MOCHILA**

## Cuida a tu Corazón y tus Dientes

**ALIMENTO DEL MES:**  
Papa

**MES AMERICANO DEL  
CORAZON**

**MES NACIONAL DE LA  
SALUDE DENTAL  
PARA NIÑOS**

**MES NACIONAL DE  
PREVENCIÓN DE  
CÁNCER**

el 4 de Febrero: Día  
Mundial del Cáncer

el 5 de Febrero: Día  
Nacional de llevar  
rojo

el 17 de febrero: Día  
Nacional de actos de  
amabilidad al azar

### CONSEJOS PARA UNA SONRISA SALUDABLE

- Evite la comida con mucha azúcar y coman frutas y verduras en su lugar
- Beber agua en lugar de soda
- Cepillarse los dientes durante 2 minutos dos veces al día. Por ejemplo, en la mañana antes de ir a la escuela, y en la noche antes de dormir.
- Use hilo dental una vez al día para asegurarse de que los espacios entre los dientes están limpios!
- Ver su dentista al menos dos veces al año.
- Si tienes frenos, estar totalmente seguro de que estén limpiando sus dientes correctamente para tener una sonrisa saludable cuando se quiten los frenos!
- Siguiendo estos consejos ayudan a prevenir las caries, mal aliento, dientes podridos y mala salud oral en general.

[www.ada.org](http://www.ada.org)



### ¿QUÉ ES TODO SOBRE EL MES AMERICANO DEL CORAZÓN?

- Mes americano del corazón trae atención a cardiopatía y formas de prevenirlo.
- Enfermedad cardíaca es la principal causa de muerte para los adultos.
- Vivir vidas saludables ayudan a prevenir enfermedades del corazón:
  - Hacer actividad física una parte de su día.
  - Los padres deben utilizar especias en los alimentos en lugar de usar sal.
  - Hacer opciones más saludables de alimentos como frutas en lugar de galletas, cocinar comidas en casa en lugar de comida rápida.

### Actos de amabilidad al azar

El 17 de febrero es día nacional de acto de amabilidad al azar, pero usted puede hacer actos de amabilidad cualquier día del año! Aquí están algunas ideas para los actos de amabilidad, ofrecer ayudar cuando ves a alguien que lo necesite. Limpie su cuarto sin ser preguntado. Dar a alguien un cumplido. Has a alguien reír. Ayudar a un vecino con trabajo de la yarda. Para más ideas, visite: [RandomActsOfKindness.org/Kindness-Ideas](http://RandomActsOfKindness.org/Kindness-Ideas)

# FEBRUARY 2016

# ELEMENTARY BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Breakfast Pizza OR Cereal &amp; Cheese Stick All meals come with fruit Juice and milk</p>	<p>2</p> <p>Banana Bread OR Cereal &amp; Cheese Stick All meals come with fruit Juice and milk</p>	<p>3</p> <p><b>!!NEW!!</b> French Toast Sticks OR Cereal &amp; Cheese Stick Strawberry Cup All meals come with fruit Juice and milk</p>	<p>4</p> <p>Yogurt Parfait OR Cereal &amp; Cheese Stick All meals come with fruit Juice and milk</p>	<p>5</p> <p>Whole Grain Donuts OR Cereal &amp; Cheese Stick All meals come with fruit Juice and milk</p>
<p>8</p> <p>Mini Pancakes OR Cereal &amp; Cheese Stick All meals come with fruit Juice and milk</p>	<p>9</p> <p>Hot Oatmeal &amp; Muffin OR Cereal &amp; Cheese Stick All meals come with fruit Juice and milk</p>	<p>10</p> <p>+Jones Sausage and Egg Muffin OR Cereal &amp; Cheese Stick All meals come with fruit Juice and milk</p>	<p>11</p> <p><b>!!NEW!!</b> "Brunchable" Breakfast Box OR Cereal &amp; Cheese Stick All meals come with fruit Juice and milk</p>	<p>12</p> <p>Whole Grain Donuts OR Cereal &amp; Cheese Stick All meals come with fruit Juice and milk</p>
<p>15</p> <p><b>!!NEW!!</b> Valentine's Pretzel OR Cereal &amp; Cheese Stick Craisins All meals come with fruit Juice and milk</p>	<p>16</p> <p>Apple Frudel OR Cereal &amp; Cheese Stick All meals come with fruit Juice and milk</p>	<p>17</p> <p>Mini Bagels &amp; Cream Cheese OR Cereal &amp; Cheese Stick All meals come with fruit Juice and milk</p>	<p>18</p> <p>Hot Oatmeal &amp; Muffin OR Cereal &amp; Cheese Stick All meals come with fruit Juice and milk</p>	<p>19</p> <p>Whole Grain Donuts OR Cereal &amp; Cheese Stick All meals come with fruit Juice and milk</p>
<p>22</p> <p>Mini Ginnis OR Cereal &amp; Cheese Stick All meals come with fruit Juice and milk</p>	<p>23</p> <p><b>!!NEW!!</b> Pancake Wrap OR Cereal &amp; Cheese Stick All meals come with fruit Juice and milk</p>	<p>24</p> <p>Benefit Bar OR Cereal &amp; Cheese Stick All meals come with fruit Juice and milk</p>	<p>25</p> <p>+Jones Sausage and Egg Muffin OR Cereal &amp; Cheese Stick All meals come with fruit Juice and milk</p>	<p>26</p> <p>Whole Grain Donuts OR Cereal &amp; Cheese Stick All meals come with fruit Juice and milk</p>
<p>29</p> <p><b>!!NEW!!</b> Sunrise Smoothie OR Cereal &amp; Cheese Stick All meals come with fruit Juice and milk</p>	<p>MEAL PRICES K-5-\$2.55 daily; \$12.75 wkly 6-12 -\$2.80 daily; \$14.00 wkly Adults-\$3.75 daily Milk - \$0.35</p>	<p>All grain products are now whole grain! * - May contain pork + - May contain peanuts Skim and 2% Milk served daily Menu Subject to Change</p>	<p>'Like' us on Facebook! "Fort Atkinson School Nutrition Program" Follow us on Twitter! @FortNutrition</p>	

FORT ATKINSON STUDENT NUTRITION – FEEDING FORT ATKINSON'S FUTURE

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# FEBRUARY 2016

# ELEMENTARY LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p><b>***MEATLESS MONDAY**</b> Cheese Lasagna Warm Breadstick OR +PBJ Uncrustable Steamed Green Beans Chilled Applesauce Wango Mango Juice</p>	<p>2</p> <p><b>***TACO TUESDAY**</b> *Soft Shell Tacos OR Turkey &amp; Cheese Sandwich Refried Beans Buttery Corn Red Grapes</p>	<p>3</p> <p>*BBQ Pork Sandwich Or Cheese Melt Garden Fresh Salad Craisins 100% Apple Juice Cup</p>	<p>4</p> <p>Popcorn Chicken OR Turkey &amp; Cheese Sandwich Rice Pilaf Baby Carrots &amp; Ranch Fresh Kiwi</p>	<p>5</p> <p><b>SUPER BOWL PARTY!</b> Football Chicken Nuggets OR Yogurt &amp; Scooby Snacks Touchdown Taters Green &amp; Gold Vegetables Packers Pineapple Celebration Cupcake</p>
<p>8</p> <p>Orange Chicken OR Ham &amp; Cheese Sandwich Rice Pilaf Steamed Broccoli Mandarin Oranges</p>	<p>9</p> <p>*Nachos with Meat &amp; Cheese OR Turkey &amp; Cheese Sandwich Refried Beans Seasoned Corn Pineapple Tidbits</p>	<p>10</p> <p>Stuffed Cheese Sticks OR +PBJ Uncrustable Sweet Potato Fries Fresh Pear 100% Grape Juice</p>	<p>11</p> <p>Pasta with Meat Sauce &amp; Cheese Garlic Breadstick Or Cheese Melt Seasoned Green Beans Sliced Peaches Fruit Juice Slushy</p>	<p>12</p> <p>Cheese Quesadilla OR +PBJ Uncrustable Romaine Salad Green Pepper Strips 100% Fruit Juice Punch Brownie</p>
<p>15</p> <p><b>Happy Valentine's Day!</b> Heart Chicken Nuggets OR Yogurt &amp; Scooby Snacks Heart Healthy Veggies &amp; Dip Lovely Strawberries Sweet Sugar Cookie</p>	<p>16</p> <p>Cheeseburger OR Turkey &amp; Cheese Sandwich Fresh Roasted Potatoes Carrots &amp; Ranch Craisins</p>	<p>17</p> <p><b>**BRUNCH 4 LUNCH**</b> Pancakes &amp; *Jones Sausage OR Cheese Melt Sweet Potato Tots Applesauce Dragon Juice</p>	<p>18</p> <p>Crispy Chicken Sandwich OR Ham &amp; Cheese Sandwich Baked Beans French Fries Fresh Red Grapes</p>	<p>19</p> <p><b>EARLY DISMISSAL</b></p>
<p>22</p> <p>Mini Corn Dogs OR Yogurt &amp; Scooby Snacks Romaine Salad Grape Tomatoes George's Favorite Banana</p>	<p>23</p> <p>Teriyaki Chicken Bites OR Turkey &amp; Cheese Sandwich Rice Pilaf California Veggie Blend Mandarin Oranges Fortune Cookie</p>	<p>24</p> <p>Turkey &amp; Gravy Dinner Roll OR Cheese Melt Mashed Potatoes Honey Glazed Carrots Sliced Apples</p>	<p>25</p> <p><b>BE A STAR!</b> Star Chicken Nuggets OR Hailey's Comet Ham &amp; Cheese Blast Off Baked Beans Mars Mixed Veggies &amp; Dip Pluto Pineapple</p>	<p>26</p> <p>Muffin, Yogurt &amp; String Cheese OR +PBJ Uncrustable Tater Tots Mandarin Oranges 100% Apple Juice</p>
<p>29</p> <p>Hot Dog on WG Bun OR Yogurt &amp; Scooby Snacks Sweet Potato Fries Fresh Broccoli &amp; Ranch Fruit Juice Slushy</p>	<p><b>MEAL PRICES</b> K-5-\$2.55 daily, \$12.75 wkly 6-12 -\$2.80 daily; \$14.00 wkly Adults-\$3.75 daily Milk - \$0.35</p>	<p>All grain products are now whole grain! * - May contain pork + - May contain peanuts Skim and 2% Milk served daily Menu Subject to Change</p>	<p>Check out our Facebook Page at Fort Atkinson School Nutrition Program</p> <p><b>Follow us on Twitter</b> @FortNutrition</p>	

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